



การประชุมวิชาการนำเสนอผลงานวิจัยระดับชาติและนานาชาติ ครั้งที่ 16
“Global Goals, Local Actions: Looking Back and Moving Forward 2024”
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A Rural Teachers' Sense of Happiness in Kunming Wuhua District Xuexin Education and Training School

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Abstract

Teachers' occupation happiness is when teachers engaged in education and teaching experience to this occupation can meet their own needs, to realize their own value, and can produce happiness. Happiness is an important premise for teachers to do educational work, is a solid foundation for success, is the intrinsic motivation of teachers' professional development is the highest. The pursuit of education. And the current state of rural teachers lacks of sense of happiness, teachers' occupation burnout serious. but happiness two level occupation differentiation serious, according to the overall analysis, respectively from the basic situation, occupation identity, leadership and management, income and welfare, social support, make a concrete analysis of the influence factors of interpersonal relationship and other aspects of teachers' sense of happiness. The analysis found that the occupation identity is not high, management is not reasonable, not satisfied with the income and welfare, social support and social status, interpersonal disharmony is the main reason for the lack of professional happiness.

Keywords: rural teachers, professional happiness

Introduction

Happiness refers to a series of joyful and joyful emotions generated subjectively by human beings based on their own sense of satisfaction and security. Teachers' professional happiness refers to that when teachers are engaged in education and teaching work, they feel that the profession can meet their needs, realize their own values, and produce a sense of pleasure. Notting believes that “although happiness is not the only purpose of education or life, it is the core purpose. Quality education should greatly promote individual or collective happiness.” According to Ushenski, "The main purpose of education is to make students happy, and there is no doubt that such happiness cannot be sacrificed for any



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irrelevant interests." In recent years, the sense of occupational happiness has penetrated into various industries, especially teachers' sense of occupational happiness, which not only affects the quality of teaching, but also affects the education of students. Happiness is an important prerequisite for teachers to do a good job in education, a solid foundation for career success, an internal motivation for teachers' professional development, and the highest realm of education. However, with the increase of rural teachers' psychological problems, pressure and job burnout, the sense of teachers' professional happiness has declined.

Purpose

1. documentary method
2. Questionnaire survey method
3. Statistical analysis method
4. technology road map

Research Scope

Methods of investigation

1. documentary method

Literature method, also known as historical literature method, is a method of collecting, analyzing and studying all kinds of existing relevant literature materials, and selecting information from them in order to achieve a certain purpose of investigation and research. In the early stage of this study, the library of Southwest Forestry University, VIP, Wanfang, etc. were used to collect and sort out the research results and related theories about teachers' professional well-being at home and abroad, and to understand the research status, influencing factors and solutions of teachers' professional well-being. In the process of research, literature is used to provide theoretical support and research ideas for experimental research, and follow-up research is carried out.

2. Questionnaire survey method

Questionnaire method is also called "written investigation method" or "form filling method". A survey method of indirectly collecting research materials in written form. A method of indirectly obtaining materials and information by sending a concise consultation form (form) to the investigator and asking for instructions to fill in opinions and suggestions on relevant issues. This questionnaire is divided into two parts. The first part is single choice, which is analyzed from eight dimensions: basic information, professional identity, leadership



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and management, income and welfare, social support, student communication, colleague communication and other aspects. The second part mainly analyzes the source and lack of happiness by multiple factors. In order to make the survey data more authentic, objective and effective, the questionnaire survey does not fill in the name.

3. Statistical analysis method

SPSS is the first statistical software in the world to use graphical menu driven interface. Its most prominent feature is its good operation interface and beautiful output results. The basic functions of SPSS include data management, statistical analysis, chart analysis, output management, etc. SPSS statistical analysis process includes descriptive statistics, mean comparison, general linear model, correlation analysis, regression analysis, logarithmic linear model, clustering analysis, data simplification, survival analysis, time series analysis, multiple response, etc. There are several statistical processes in each category, such as linear regression analysis, curve estimation, logistic regression, probit regression, weighted estimation, two-stage least squares. There are many statistical processes such as nonlinear regression, and each process allows users to choose different methods and parameters. SPSS also has a special drawing system, which can draw all kinds of required figures according to data. The data obtained from the survey were statistically analyzed with SPSS17.0.



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4. technology road map

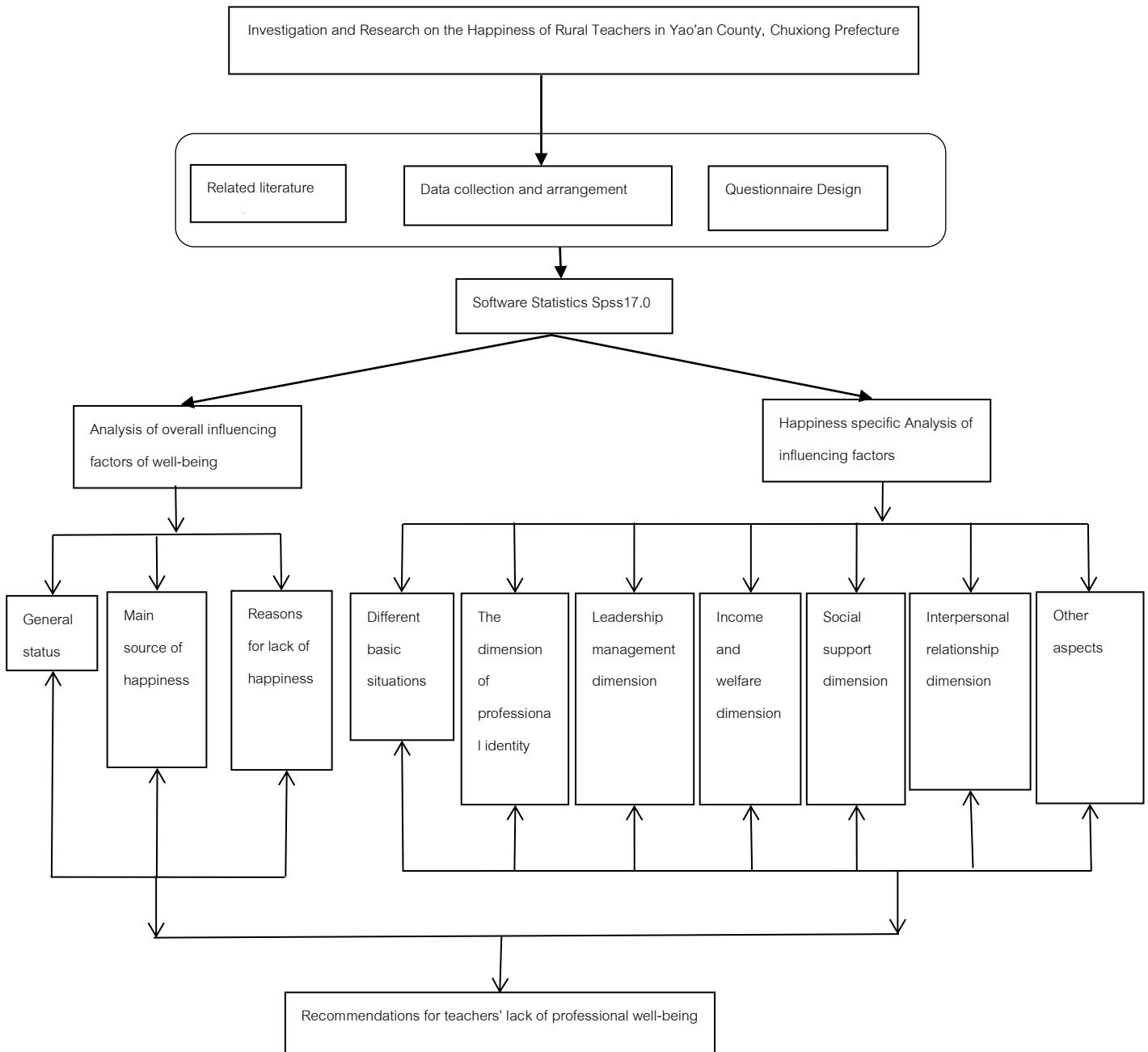


Figure 1: research technology road map



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Summary

Happiness is everyone's pursuit. Teachers' sense of happiness is an important part of teachers' professional development and improvement of teachers' quality of life. Taking the rural teachers of primary and secondary schools in Yao'an County, Chuxiong Yi Autonomous Prefecture as an example, I investigated and discussed the main factors and specific factors that affect teachers' sense of well-being from different dimensions, and put forward solutions to them. Due to the limitation of time and conditions, the capacity of samples collected is limited, which affects the reliability and validity of the study to a certain extent. In addition, happiness is objective as well as subjective. It is extremely complex to discuss happiness, which involves education, psychology, sociology and other multidisciplinary fields. In addition, my research vision and level are limited, and the research on rural teachers' sense of happiness is only a glimpse of the tip of the iceberg. There is still much room for the research on rural teachers' sense of happiness in primary and secondary schools, which needs further exploration and research by more people.

Everyone has the right to pursue happiness, and rural primary and secondary school teachers have the right to pursue their own happiness. In addition to school relations and self-adjustment, all sectors of society should also pay attention to the living conditions and emotional experience of rural teachers, and provide a comfortable environment for teachers. It is believed that in the near future, more and more rural primary and secondary school teachers can engage in education and teaching with happy feelings, and promote the healthy and happy growth and development of students.

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